

# MAG PROGRAM LAAG - CLASS PROGRESSION FLOW CHART - 2019

*Excellence Through Effort*



**TINY TWISTER PROGRAM**  
**Kindy Kippers** - 2½ to 4 yrs [45 mins class per week]  
*Participation Banners (4 per year) Non-competitive, parent assistance required*  
**Pre-Prep Flyers** - 4½ to 5½ yrs [1 hour per week class]  
*Competitions - optional participation in Academy Championships.*  
*LAAG Prep Badge Award Scheme - Prep 1 to 6*

**GYM FUN PROGRAM**  
 National Level 0 - 1 Program  
 1 hour per week  
 In-house Academy

**GYM SKILLS PROGRAM**  
 National Level 1 - 2 Program  
 1 ½ - 2 hours per week  
 In-house Academy Competitions

**GYM FIT PROGRAM**  
 Recreational Fitness Program  
 Skills based  
 Non-Competitive  
 Once-a week class  
  
*Please Note:*  
 This class is dependant on having the required number of students to make a GYM FIT class viable.

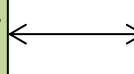
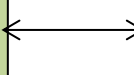
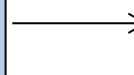
**GYM TEAMS PROGRAM**  
*Selection Required*  
**NATIONAL LEVEL 1 - 10 PROGRAM**

**LEVEL 2 - 3**  
 3 to 9 hours per week  
 In-house Academy competitions  
 Invitational competitions  
**Level 2 & 3 only:-**  
 Regional & State Competitions

**LEVEL 4 - 6**  
 9 to 16 hours per week  
 In-house Academy competitions  
 Invitational competitions  
 Regional, State and National

**LEVEL 7 - 10**  
 12 to 18 hours per week  
 In-house Academy competitions  
 Invitational competitions  
 Regional, State and National Competitions  
 Australian Representation

**QAS MAG INTERNATIONAL GYMNASTICS PROGRAM**  
**Sleeman Complex Chandler**  
*Selection required*  
  
 The Lawnton Academy is a Satellite Program for the QAS High Performance Program. Please see your Prospectus for further information.



updated 4-11-16

