

WAG PROGRAM LAAG - CLASS PROGRESSION FLOW CHART - 2017

TINY TWISTER PROGRAM

Tumble Tots - 2½ to 3½ yrs [45min class per week]

Kindy Kippers - 3½ to 4½ yrs [45min class per week]

Participation Banners (4 per year), Non-competitive, parent assistance required

Pre-School Flyers - 4½ to 5½ yrs [1 hour per week class]

Competitions - optional participation in Academy Championships.

LAAG Prep Badge Award Scheme - Prep 1 to 6

Excellence Through Effort



RECREATIONAL PROGRAM

GYM FUN PROGRAM

LAAG Pre-level Award Scheme Badges - Bronze, Silver, Gold

1 hour per week class

Competitions:
In-House Academy Competitions (Optional)

COMPETITIVE

GYM COMP TEAMS PROGRAM

Selection Required

NATIONAL LEVEL 1 - 10 PROGRAM

LEVEL 1 - 3

4 to 9 hours per week

In-house Academy competitions

Invitational competitions

LEVEL 3 - 6

6 to 16 hours per week

In-House Academy competitions

Invitational competitions
Regional, State & National competitions

LEVEL 7 to 10

16 to 20 hours per week

In-House Academy competitions,
Invitational competitions
Regional, State & National competitions

Opportunity to represent
Australia at an International event.

QAS WAG INTERNATIONAL GYMNASTICS PROGRAM

Sleeman Complex
Chandler

Selection required

The Lawnton Academy is a Satellite Program for the QAS High Performance Program.

Please see your Prospectus for further information.

GYM SKILLS PROGRAM

National Level 1 - 2 Program.

1½ - 2 hrs per week

LAAG Level 2A - 3A Program

2 hrs per week

Competitions:
In-House Academy Competitions (Optional)

GYM FIT PROGRAM

Recreational Fitness Program - Skills based

Non-Competitive
Once-a week class

Please Note:
This class is dependant on having the required number of students to make a GYM FIT class viable and a suitably accredited Coach available.

GYM LEVELS TEAMS PROGRAM

National Level 3- 6 Program

4 - 10 hours per week.

COMPETITIONS:
In-House Academy Competitions & Club Invitationals

6 - 9 hrs pw Teams:-
Regional & State competitions
(Selection Required)

