

WAG PROGRAM LAAG - CLASS PROGRESSION FLOW CHART - 2018

TINY TWISTER PROGRAM

Kindy Kippers - 2½ to 4 yrs [45min class per week]
Participation Banners (4 per year), Non-competitive, parent assistance required
Pre-Prep Flyers - 4½ to 5½ yrs [1 hour per week class]
Competitions - optional participation in Academy Championships.
LAAG Prep Badge Award Scheme - Prep 1 to 6

Excellence Through Effort



RECREATIONAL PROGRAM

COMPETITIVE

GYM FUN PROGRAM

LAAG Pre-level Award Scheme
 Badges - Bronze, Silver, Gold
 1 hour per week class
 Competitions:
 In-House Academy Competitions
 (Optional)

GYM COMP TEAMS PROGRAM

Selection Required
 NATIONAL LEVEL 1 - 10
 PROGRAM

QAS WAG INTERNATIONAL GYMNASTICS PROGRAM

Sleeman Complex
 Chandler

Selection required

The Lawnton Academy is a Satellite Program for the QAS High Performance Program.

Please see your Prospectus for further information.

GYM SKILLS PROGRAM

National Level 1 - 2 Program.
 1½ - 2 hrs per week
LAAG Level 2A - 3A Program
 2 hrs per week
 Competitions:
 In-House Academy Competitions
 (Optional)

LEVEL 1 - 3

4 to 9 hours per week
 In-house Academy competitions
 Invitational competitions

LEVEL 3 - 6

6 to 16 hours per week
 In-House Academy competitions
 Invitational competitions
 Regional, State & National competitions

LEVEL 7 to 10

16 to 20 hours per week
 In-House Academy competitions,
 Invitational competitions
 Regional, State & National competitions
 Opportunity to represent Australia at an International event.

GYM FIT PROGRAM

Recreational Fitness Program - Skills based

Non-Competitive
 Once-a week class

Please Note:
 This class is dependant on having the required number of students to make a GYM FIT class viable and a suitably accredited Coach available.

GYM LEVELS TEAMS PROGRAM

National Level 3- 5 Program

4 - 9 hours per week.

COMPETITIONS:
 In-House Academy Competitions & Club Invitationals

6 - 9 hrs pw Teams:-
 Regional & State competitions
 (Selection Required)

