

WAG PROGRAM LAAG - CLASS PROGRESSION FLOW CHART - 2019

TINY TWISTER PROGRAM

Kindy Kippers - 2½ to 4 yrs [45min class per week]
Participation Banners (4 per year), Non-competitive, parent assistance required
Pre-Prep Flyers - 4½ to 5½ yrs [1 hour per week class]
Competitions - optional participation in Academy Championships.
LAAG Prep Badge Award Scheme - Prep 1 to 6

Excellence Through Effort



RECREATIONAL PROGRAM

COMPETITIVE

GYM FUN PROGRAM

LAAG Pre-level Award Scheme
 Badges - Bronze, Silver, Gold
 1 hour per week class
 Competitions:
 In-House Academy Competitions
 (Optional)

GYM COMP TEAMS PROGRAM

Selection Required
 NATIONAL LEVEL 1 - 10
 PROGRAM

QAS WAG INTERNATIONAL GYMNASTICS PROGRAM

Sleeman Complex
 Chandler

Selection required

The Lawnton
 Academy is a Satellite
 Program for the QAS
 High Performance
 Program.

Please see your
 Prospectus for further
 information.

GYM SKILLS PROGRAM

National Level 1 - 2 Program.
 1½ - 2 hrs per week
LAAG Level 2A - 3A Program
 2 hrs per week
 Competitions:
 In-House Academy Competitions
 (Optional)

LEVEL 1 - 3

4 to 9 hours per week
 In-house Academy
 competitions

Invitational competitions

LEVEL 3 - 6

6 to 16 hours per week
 In-House Academy
 competitions

Invitational competitions
 Regional, State & National
 competitions

LEVEL 7 to 10

16 to 20 hours per week
 In-House Academy
 competitions,
 Invitational competitions
 Regional, State & National
 competitions

*Opportunity to represent
 Australia at an International
 event.*

GYM FIT PROGRAM

Recreational Fitness
 Program - Skills based

Non-Competitive
 Once-a week class

Please Note:
 This class is dependant on
 having the required number
 of students to make a
 GYM FIT class viable and a
 suitably accredited Coach
 available.

GYM LEVELS TEAMS PROGRAM

National
 Level 3- 5
 Program

4 - 9 hours per
 week.

COMPETITIONS:
 In-House Academy
 Competitions & Club
 Invitionals

*6 - 9 hrs pw Teams:-
 Regional & State
 competitions
 (Selection Required)*

