

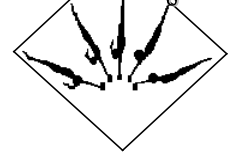
# WAG PROGRAM LAAG - CLASS PROGRESSION FLOW CHART - 2022

## TINY TWISTER PROGRAM

**Kindy Kippers** - 2½ to 4 yrs [45 mins class per week]  
*Participation Banners (4 per year) Non-competitive, parent assistance required*

**Pre-Prep Flyers** - 4½ to 5½ yrs [1 hour per week class]  
*LAAG Prep Badge Award Scheme - Prep 1 to 6*

Excellence Through Effort



### **RECREATIONAL PROGRAM**

#### GYM FUN PROGRAM

LAAG Pre-level Award Scheme Badges - Bronze, Silver, Gold

1 hour per week class

Competitions:  
 In-House Academy Competitions (Optional)

### **COMPETITIVE**

#### GYM COMP TEAMS PROGRAM

*Selection Required*

NATIONAL LEVEL 1 - 10 PROGRAM

#### LEVEL 1 - 3

4 to 9 hours per week

In-house Academy competitions

Invitational competitions

#### LEVEL 3 - 6

6 to 16 hours per week

In-House Academy competitions  
 Invitational competitions  
 Regional & State comps  
 National Club competition  
 Level 5-6 only  
*(Selection Required)*

#### LEVEL 7 to 10

16 to 20 hours per week

In-House Academy competitions,  
 Invitational competitions  
 Regional, State & National competitions  
*(Selection Required)*  
 Opportunity to represent Australia at an International

#### QAS WAG INTERNATIONAL GYMNASTICS PROGRAM

Sleeman Complex Chandler

Selection required

The Lawnton Academy is a Satellite Program for the QAS High Performance Program.

Please see your Prospectus for further information.

#### GYM SKILLS PROGRAM

National Level 1 - 2 Program.

1½ - 2 hrs per week

LAAG Level 2A - 3A Program

2 - 4 hrs per week

Competitions:  
 In-House Academy Competitions (Optional)

#### GYM FIT PROGRAM

Recreational Fitness Program - Skills based

Non-Competitive  
 Once-a week class

Please Note:  
 This class is dependant on having the required number of students to make a GYM FIT class viable and a suitably accredited Coach available.

#### GYM LEVELS TEAMS PROGRAM

National Level 3 - 5 Program

4 - 9 hours per week.

COMPETITIONS:  
 In-House Academy Competitions & Club Invitationals

6 - 9 hrs pw Teams:-  
 Regional & State competitions  
*(Selection Required)*

